

## Wednesday Night Adult Bible Study

Leader: Pastor Bob Ludwig

Study: "RUNNING with the GIANTS" by John C. Maxwell

### Rebekah's Decision Guide

*"And it came to pass, before he had done speaking, that, behold, Rebekah came out, who was born to Bethuel, son of Milcah, the wife of Nahor, Abraham's brother, with her pitcher upon her shoulders...And she said, Drink, my lord; and she hastened, and let down her pitcher upon her hand and gave him drink." Genesis 24:15, 18*

Question for Rebekah: When you saw the servant's camels, did you think twice before offering to draw water? Probably not, it was a reflection of her true self.

Personal Reflection: Do you hesitate to give, when the request will take a lot of time, energy or money? When have you hesitated and not given?

Question for Rebekah: Were there times while you were drawing water that you were tempted to quit? We don't think so, she may have had to take a break though because camels can drink over 20 gallons of water each!

Personal Reflection: Have there been times when you did not fulfil your commitment? Why did you quit?

Question for Rebekah: Did you ever think you would receive something for your generosity? That was not her motive-what was her motive? She cared!

Personal Reflection: Do you often ask, "What will I receive" before you give? When did you give generously to someone or something without asking, "What is in it for me?"

Question for Rebekah: How did you feel when others were blessed because of your generosity? Good-fulfilled

Personal Reflection: Have others bene-

fited from your generosity? How did you feel?

Question for Rebekah: Did you realize that you were a direct answer to someone's prayer? She didn't know it at the time, but she was.

Personal Reflection: When have you been a direct answer to someone's prayers?

### Lessons to Learn by:

1. Go the Extra Mile-you can't go the second mile until you walk the first mile. The first mile is required.
2. When we give generously our loved ones will be blessed.
3. When we give, the impact of our generosity often outlives us. In a moment of giving, you cannot imagine how your actions might impact the lives of others in the future.
4. A lifetime of generous giving, will outlive you here on earth and in eternity.

### Rebekah's Prayer for Us

Sovereign Lord,

I ask that you would give my friends the eyes to see opportunities in the everyday events of life, the hands to reach out and give more

than is required or expected, and the heart to do so, with motives that are pure and not self-seeking. Amen



Abraham's Servant Meets Rebekah

## Missionettes

### Daisies-August

Memory Verse: *Give thanks to the Lord for He is good.* Psalm 136:1

Our lesson for July was being thankful.

We enjoyed a busy and fun month with a trip to the park and a drive through at the Dairy Queen.

Tina Otto and Angie Korb each earned a badge.

Submitted by: Kathy Johnson


### First Year Stars-August

Fitness Badges were handed out to Annie

## Quote:

“People are like stained glass windows: they sparkle and shine when the sun’s out, but when the darkness sets in, their true beauty is revealed only if there is light within.”

Elizabeth Kubler-Ross



Parents of children interested in singing in a RCC Children’s choir!  
Please contact Karen Crudden

### Sunday Services-continued from page 2

7/25/04

Hymn: 32 “Oh For A Thousand Tongues”

Scripture: I Kings 20: 38-43

Hymn: 200 “Grace Greater Than Our Sin”

Prayer

Special Music: “What A Friend We Have In Jesus” Darrin Smedsmo & Lance Aubey

Offering

Special Music: “Trust And Obey” Darrin and Lance

Special Music: “What A Day That Will Be” Sandy Dunham & Keith Sandland

Sermon: Minding Your Own Business”

Hymn: 350 “All For Jesus”

If you have a newsletter submission please contact Mary Lofstedt at 218-463-9754 or by e-mailing at JML1000@wiktel.com

## Recipe of the Month

From the  
“Fruit of the

Spirit’



### Cookbook

#### Slush

1 c. water

3 c. sugar

4 green tea bags

2 c. water

1 (12 oz.) can frozen orange juice

1 (12 oz.) can frozen cranberry juice

1 (12 oz. ) can frozen lemon aide

3 (10 oz.) frozen strawberries

(blend berries well)

Boil 1 c. water and sugar until sugar is dissolved-then cool. Boil 2 c. water and green tea bags for 5 minutes-then cool.

Mix orange juice, cranberry juice, lemon aide, strawberries, sugar water and tea water together. Mix well. Add 4 more cups of water and put into an ice cream

pail and freeze. Mix with 7-UP to drink. Make strong or weak to taste.

Submitted by: Jon Lofstedt

## Corrections

Fruit of the Spirit Cookbook

Page 153

Dill Pickles

Marge Weston

Correction: There should be a sprig of dill in the bottom of the jar and a sprig also at the top of the jar.



## “Good Bye” and “Welcome” in the Missionette Program

These ladies will be leaving the Missionette Program.  
**THANK YOU LADIES FOR YOUR PAST SERVICE.**  
 Nadine Kobernick, Missionette Coordinator  
 Linda Rigstad, Stars II leader  
 Kathy Johnson, Daisy Leader  
 These positions will be filled by:  
 Mary Long, Missionette Coordinator  
 LeAnn Buettner, Stars II Leader  
 Judy Otto, Daisy Leader



### Missionette Prims

Memory Verse: *To all who receive Him, to those who believed in His name, He gave the right to become the children of God. John 1:12*

June’s theme was on “Family”. Earning the “Family Badge” were: Ashley Lorensen, Heather Fettig and Faith Olson.

We also went to Quilts & More, we toured the shop and learned about quilting. Earning a “Fine Arts” badge for this were: Ashley, Heather, Faith, Brenna Cooper, Sierra Lorensen and Hanna Anderson.

July was a free activity month with no theme or badge to be earned. We went to the park to play and have lunch. We played Missionette Scattagories and London Bridge. One of the days we went to Kathy’s room and met Brenda from the Roseau County Victim Services. She told of items that are needed for children who may need to leave their homes because of violence. Our class hopes to make gift bags for the program.

Our August theme will be on “Health”. This will be our last badge earned for this year since the second grade girls move up a class in September. They have been a great bunch and I’ll miss those moving up. If you know of any first or second grade girls send them my way to Prims Class!



### AWARDS NIGHT

Awards Night will be held September 1st instead of August 25th. **PARENTS ARE INVITED TO ATTEND** to hear about the **ACHIEVEMENTS OF THEIR ROYAL RANGER OR MISSIONETTE**. Time is 6:30 PM

### August Women’s Ministries

Our August meeting will be held August 17th at Jeanie Hamness’s home.

Our study this month will be starting on page 76 in our Beth Moore “Living Beyond Yourself” study guide.

### “RESTORATION OF JOY”

#### Today’s Treasure:

*Though you have made me see troubles, many and bitter, you will restore my life again...My lips will shout for Joy when I sing praise to*

*you.* Psalm 71: 20, 23

Verses to Read:

Psalm 71:1-24

Philippians 3:10

2 Corinthians 1: 3-7

1 Peter 5:10

Psalm 85:4-5,6

Jeremiah 31:1-20



  
**2004 MISSIONETTE CAMP-OUT**  
  
 The 2004 Missionette Camp-Out will be held August 20, 21, & 22 at the Pioneer Farm in Roseau.  
 Registration is at 5 PM. All Missionettes are invited, and are encouraged to bring a friend to share in some fun! If you don’t have an information packet, see a Missionette leader, or Mary Long. If you’ve not joined Missionettes, your really missing something!  
